

## **7 Habits**

*A seven-week program designed to equip people to live a Christ-Driven life at  
Limerick Cornerstone Family Church*

### **"DAILY WORSHIP"**

7 Habits  
*Student Syllabus*

Welcome to Limerick Cornerstone Family Church! If this is your first time in this class, I just want you to know how much we appreciate you attending this class.

This is one of seven classes that we call the "7 Habits". The purpose of 7 Habits is to teach everyone what a Christ-driven life looks like. It's our main pipeline for the entire church. It's something we want everyone to go through because it puts us all on the same page.

GOAL OF 7 HABITS: Commitment to live a Christ-Driven Life.

#### Seven Habits of a Christ-Driven Life

Week 1 – Obey God

Week 2 – Love Others

Week 3 – Daily Worship

Week 4 – Small Group Involvement

Week 5 – Attend Church

Week 6 – Serve Faithfully

Week 7 – Give Sacrificially

#### So here are some basic facts about 7 Habits...

- This is not intended to be your church fix. Please attend worship service.
- People can enter these weeks at any week. We just want them to complete all seven weeks.
- This not a traditional Sunday School class. We hope and pray that after seven weeks, people make strong commitments to these seven habits and LCFC.
- We want everyone who attends LCFC to go through these classes.
- If you have gone through the Membership Class at LCFC, we ask that you attend the seven weeks related to living out a Christ-Driven life.

## DAILY WORSHIP

The three questions we'll be looking at this morning are:

- o *How do I read the bible intentionally?*
- o *What tools are there to help me understand the bible?*
- o *How do I pray?*

Mark 1:35 (NLT)

35 The next morning Jesus awoke long before daybreak and went out alone into the wilderness to pray.

### **Henry Ward Beecher**

"The first hour of the morning is the rudder of the day."

When you start your morning by spending time with God, you handle that whole day so much better! You handle every project, every person, every challenge better.

The first truth you need to grasp is God is in \_\_\_\_\_ with you. He wants to spend time with you!

Exodus 34:14 (NLT)

14 You must worship no other gods, for the Lord, whose very name is Jealous, is a God who is jealous about his relationship with you.

The beautiful thing is the closer you get to God, the more you \_\_\_\_\_, the greater life becomes.

### QUESTION 1 – HOW DO I READ THE BIBLE INTENTIONALLY?

The bible is \_\_\_\_\_ to us. There's no other book like it on the planet.

The first thing you need to understand is the bible is the \_\_\_\_\_ word of God.

2 Timothy 3:16-17 (NLT)

16 All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. 17 God uses it to prepare and equip his people to do every good work.

God uses the bible to teach us what is \_\_\_\_\_ and helps us see \_\_\_\_\_ through God's eyes.

2 Peter 1:20-21 (NASB)

20 But know this first of all, that no prophecy of Scripture is a matter of one's own interpretation, 21 for no prophecy was ever made by an act of human will, but men moved by the Holy Spirit spoke from God.

God's Holy Spirit \_\_\_\_\_ through ordinary men.

Hebrews 4:12-13 (NIV)

12 For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. 13 Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.

God's word is \_\_\_\_\_ and \_\_\_\_\_! It's alive!

**Brother Lawrence, The Practice of the Presence of God**

"To practice the presence of God is to take pleasure in and become accustomed to His divine company, speaking humbly and conversing lovingly in our hearts with Him at all times, and at every moment, especially in times of temptation, pain, spiritual dryness, and even unfaithfulness and sin."

Matthew 4:4 (NIV)

4 Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'"

The bible is \_\_\_\_\_ for living, it's life itself. Read the bible every day!

Practical Steps for reading the bible:

1) Follow a reading \_\_\_\_\_.

The best way to read the bible is to follow a bible-reading plan. If you follow a bible reading plan, it will ensure you that you will cover the entire bible. This will give you a better idea of God's word in its entirety.

2) Ask God to show you His purpose \_\_\_\_\_ you read it.

Psalm 119:104-105 (NLT)

104 Your commandments give me understanding; no wonder I hate every false way of life. 105 Your word is a lamp to guide my feet and a light for my path.

3) Take your \_\_\_\_\_!

Psalm 1:1-3 (NIV)

1 Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. 2 But his delight is in the law of the LORD, and on his law he meditates day and night. 3 He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.

Read it slow enough so God's word can sink down into your heart and head. Every word is from God. So take your time. It's more important that you meditate on scripture than speed read it.

4) Pray God's \_\_\_\_\_.

Example:

"God help me to be that man/woman who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. I don't ever want to do that God. I don't want to live that kind of life. Instead, I delight in your word God. I choose to meditate on it day and night. I want your word to be in my mind during the day and at night God. Transform me with your word God. Would you plant me like this tree God? Put streams of living water in my life. I pray to bear fruit in season and out of season. I pray that I don't grow withered, but I pray to bear fruit for you. Make me prosperous God as I delight in your word, and read it day and night. In Jesus name I pray...Amen."

Don't be afraid to \_\_\_\_\_ your bible up with a pen. Underline verses that God speaks to you with. Don't be afraid to put a date by a verse that God uses to speak to you.

QUESTION 2 – WHAT TOOLS ARE THERE TO HELP ME UNDERSTAND THE BIBLE?

There are 66 books in the bible. It's separated by the Old Testament and the New Testament. The Old Testament has \_\_\_\_\_ books. It describes life before Jesus Christ was revealed to the world through the virgin birth. The New Testament has \_\_\_\_\_ books.

Versions

The NASB (New American Standard Bible) and the NRSV (New Revised Standard Version) are two versions that are known to be one of the most \_\_\_\_\_ word for word bibles.

The NIV (New International Version) is kind of a \_\_\_\_\_ ground translation. It takes the original language and makes it more understandable by using more contemporary language.

The NLT (New Living Translation) is also a good version. This version is translated \_\_\_\_\_ for \_\_\_\_\_ instead of word for word.

There are also other good versions like the King James Version, the New King James Version, New Century Version, the Message, the Amplified Bible, and others.

### Commentaries

Commentaries are great tools, but they are \_\_\_\_\_ the inspired word of God. Commentaries are written by people who studied a biblical passage thoroughly.

Some reputable commentaries:

- Adam's Clark
- Matthew Henry
- Inner Varsity Press

### Internet

You have to \_\_\_\_\_ about what sites you go to read about a passage. Just because it's on the internet, doesn't mean it's true!

Some reputable Christian websites:

- BibleGateway.com
- Studylight.org
- Crosswalk.com

### Bible Dictionary

It will give you a \_\_\_\_\_ of key events and characters.

### Topical books

These are popular \_\_\_\_\_ books written by people about a character of the bible, or a theme of the bible, or a book of the bible. You see these a lot at Christian bookstores.

QUESTION 3 – HOW DO I PRAY?

**A. W. Tozer**

“The whole transaction of religious conversion has been made mechanical and spiritless. We have almost forgotten that God is a person, and, as such, the relationship can be cultivated as any personal relationship can.”

Praying is a \_\_\_\_\_ between you and God.

Luke 5:16 (NASB)

16 But Jesus Himself would often slip away to the wilderness and pray.

One time Jesus’ disciples asked Jesus how to pray. Look at what Jesus says...

Luke 11:1-4 (NIV)

1 One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray, just as John taught his disciples." 2 He said to them, "When you pray, say: " 'Father, hallowed be your name, your kingdom come. 3 Give us each day our daily bread. 4 Forgive us our sins, for we also forgive everyone who sins against us. And lead us not into temptation.' "

Our prayers should follow this \_\_\_\_\_.

Our first words in prayer should be \_\_\_\_\_ God for who He is.

Example:

“God, you are a great God, there is no one like you. You are great and mighty”.

Let God know your \_\_\_\_\_ needs.

Example:

“God, continue to watch over us, continue to provide food for us. Continue to take care of my job situation.”

Then VERSE 4, Jesus tells us that we should constantly give God permission to evaluate our \_\_\_\_\_ life.

Example:

“God, you are a great God, there is no one like you. Thank you for providing food for me every day. You are a great God. Please help me with my job situation. You know the challenges I’m facing there with my boss. I want to be a good Christian employee, but sometimes it’s tough. God would you also just search my own heart. I ask you for forgiveness for any sin I may have committed. In Jesus name I pray, amen.”

### TIPS about praying to God:

Every prayer we say should be \_\_\_\_\_. God hears the prayers that our from our heart.

Luke 18:10-14 (NLT)

10 “Two men went to the Temple to pray. One was a Pharisee, and the other was a despised tax collector. 11 The Pharisee stood by himself and prayed this prayer: ‘I thank you, God, that I am not a sinner like everyone else. For I don’t cheat, I don’t sin, and I don’t commit adultery. I’m certainly not like that tax collector! 12 I fast twice a week, and I give you a tenth of my income.’ 13 “But the tax collector stood at a distance and dared not even lift his eyes to heaven as he prayed. Instead, he beat his chest in sorrow, saying, ‘O God, be merciful to me, for I am a sinner.’ 14 I tell you, this sinner, not the Pharisee, returned home justified before God. For those who exalt themselves will be humbled, and those who humble themselves will be exalted.”

God loves it when our prayers are full of \_\_\_\_\_.

Matthew 21:21-22 (NIV)

21 Jesus replied, "I tell you the truth, if you have faith and do not doubt, not only can you do what was done to the fig tree, but also you can say to this mountain, 'Go, throw yourself into the sea,' and it will be done. 22 If you believe, you will receive whatever you ask for in prayer."

When you pray, pray that “God’s will would be \_\_\_\_\_.”

Matthew 26:39 (NLT)

39 He went on a little farther and bowed with his face to the ground, praying, “My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine.”

God loves it when you \_\_\_\_\_ praying. Don’t ever give up.

Matthew 7:7-8 (NLT)

7 “Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you. 8 For everyone who asks, receives. Everyone who seeks, finds. And to everyone who knocks, the door will be opened.

It’s important that you \_\_\_\_\_ others before you pray to God. Our relationship with others influences our prayer life.

Mark 11:24-26 (NLT)

24 I tell you, you can pray for anything, and if you believe that you've received it, it will be yours. 25 But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too."

When you pray, pray in \_\_\_\_\_ name.

John 14:13-14 (NASB)

13 "Whatever you ask in My name, that will I do, so that the Father may be glorified in the Son. 14 "If you ask Me anything in My name, I will do it.

Example:

"God would you help me today with my anger problem. In Jesus name I pray, amen".

The reason why we do this is because there is power in the name of Jesus Christ. We are made right with God because of Jesus.

CHALLENGE: Would you make a commitment to develop your prayer life with God? Would you make a commitment to grow in your relationship with God and learn to pray in Jesus name on a regular basis?

NEXT WEEK: "Small Group Involvement". Don't miss this one! They will talk about the biblical value of doing life with God with someone else.